East Coast Elite Volleyball Club | P.O. Box 670 | Ellicott City, MD 21041

East Coast Elite Volleyball Club Player Rules & Expectations

1. Attitude

a. My interaction with my teammates and coaches, all referees, opposing players, and spectators will be respectful and dignified. I will act as a distinguished representative of ECE, showing the utmost care and consideration for all equipment I use and every facility I visit. This includes cleaning up after myself at every practice and tournament.

b. I will not communicate with spectators while in practice or at tournaments. If I need personal assistance relating to my play while on the court, I will bring it to the attention of my coach(es) or team captain.

c. I will store my cell phone and other electronic devices in my bag at practices and during games in which I am playing or working. I understand that cell phones should only be used during these times to communicate with parents or guardians or in an emergency.

d. I am a member of a team. My success is maximized when every member on my team is successful. At all times, I will be supportive of my teammates while they are on the court, and I will take pride in their success. I will engage my full heart and mind in the execution of my duty to this team because everyone is depending on me to give them my best.

2. Practices

a. I will quickly prepare myself for practice when I arrive at the gym, both physically and mentally. I will commit myself to focusing on the task at hand the minute I arrive at the gym, and I will immediately begin my warm-up drills at the start of every practice.

b. If I know that I will need to miss a practice, I will inform an ECE coach as soon as possible. I will not rely on my teammates to get the message to the coach(es) but always be sure to do this myself.

c. If I am not present, for any reason, at practice the week before a tournament, I understand that the coach may take this into consideration when determining playing time for that tournament.

d. Excessive absences from practice may result in my dismissal from the team.

3. Tournaments

a. I acknowledge that my coaches have both my best interests and the interests of the team at heart when determining line-ups for games. I accept that my playing time at tournaments is determined by my coach(es), and I will not let my playing time affect my attitude in a negative way.

b. I will let my coach(es) know at least two weeks in advance if I know that I will need to miss a tournament. If I am injured, I am still expected to attend the tournament to support my teammates.

c. I will be at all tournament sites at the time my coach(es) has requested. I will not leave a tournament until I have been dismissed by my coach.

d. I understand that strengthening my volleyball knowledge is important. I will take the CHRVA online Officials Clinics (Scorer and Referee clinics) and complete the refereeing requirements as listed on the CHRVA website.

e. I will accept any tournament work role respectfully and without complaint.

4. Social and Digital Media

a. I will follow the **USAV Social and Digital Media Guidelines**, the **U.S. Center for SafeSport Safe Code**, and demonstrate positive sportsmanship in all social and digital communications when participating in ECE's programs.

b. I understand it's a code violation when there is a misuse of social and digital communications and subject to ECE's non-compliance consequence, including but not limited to:

First incident: ECEVBC requires the concerned Player to immediately remove any false, negative, infringing content upon the verbal notice issued by coach(es), club director(s), or ECE board member(s) and provide a written apology letter to the targeted party(s). In addition, ECEVBC reserves the right to take further measures, such as suspension, permanent dismissal, and/or referral to law enforcement authorities, etc. If the player

holds a leadership role with the team, this role and its responsibilities will be removed from the player for the remainder of the season.

Second incident: The concerned Player is dismissed from the ECE team for the remainder of the season with no refund of the player's Club fees.

5. Problems

a. If I have any problem with a teammate, I will try to solve it as quickly as possible. I will try to work this out with the teammate on my own before approaching my team captain or coach(es).

b. I am encouraged to approach my coach(es) with any concerns I have, but I will wait until I can calmly discuss the issue before I do. I understand that the coach(es) will not discuss any concerns regarding playing time during tournaments.

c. If I am injured during practices or at a tournament, I will alert my coach(es) to this injury as soon as possible.

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East Coast Elite Volleyball Club Parent Rules & Expectations

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1. Parent Code of Conduct

a. My interaction with all players and coaches, referees, opposing players, and spectators will be respectful and dignified. I will act as a distinguished representative of ECE, showing the utmost care and consideration for every facility I visit. This includes ensuring that our team cleans up after ourselves at every practice and tournament.

b. I will not communicate with my child while she is on the court in practice or at tournaments. If I have an emergency and need to pull my child from the court, I will bring it to the attention of the coach(es).

c. I will understand that my child will store her cell phone and other electronic devices in her bag at practices and during tournament games. I understand that cell phones should only be used during these times to communicate with parents or guardians or in an emergency.

d. My child is a member of a team. Her success is maximized when every member on the team is successful. I will be supportive of my child's teammates and coaches while they are on the court, and I will appreciate their success.

2. Practices

a. I will commit to getting my child to practice on time. I am aware that there are many parents and coaches who are willing to help me in this task should I require assistance.

b. If she needs to miss practice, I understand that my child is responsible for informing an ECE coach as soon as possible.

c. I understand that if my child is not present, for any reason, at practice the week before a tournament, the coach(es) may take this into consideration when determining playing time for that tournament.

d. I understand excessive absences from practice may result in my child's dismissal from the team.

3. Tournaments

a. I acknowledge that ECE coaches have my child's best interests and the interests of the team as a whole at heart when determining line-ups for games. I accept that my child's playing time at tournaments is determined by the team coaches, and I will trust the coaches to make the right decisions in that regard.

b. My child will let her coach(es) know at least two weeks in advance if she will be missing a tournament. If my child is injured, she is still expected to attend the tournament to support her teammates.

c. I will have my child at all tournament sites at the time the coach(es) has requested. I will not allow my child to leave a tournament until she has been dismissed by her coach(es).

d. I understand that parent support is critical at tournaments to ensure that the entire team is safe and able to perform at their best. I will assist the team with work duties to the best of my capacity.

e. In the CHRVA region, **parents can be issued a Purple Card** for **disruptive behavior by the Referee**. This card may lead to a **sanction fe**e by the region. **The parent receiving the card will be financially responsible for the fee.**

4. Social and Digital Media

a. I consent and agree to the **USAV Social and Digital Media Guidelines**, the **U.S. Center for SafeSport Safe Code**. I will encourage positive sportsmanship in all social and digital communications when my child participates in ECE's programs.

b. I understand it's a code violation when misuse of social and digital communications and subject to ECE's non-compliance consequence, including but not limited to:

First incident: The Parent/Guardian/Adult Participant(s) is strongly encouraged to write an account of the incident that shows their understanding of the Parent's misconduct and offers suggestions to move forward in the event of another disagreement or misunderstanding. A written apology to the targeted party expressing remorse and understanding is strongly suggested. ECEVBC reserves the right to take further measures, such as suspension, permanent dismissal, and/or referral to law enforcement authorities, etc.

Second incident: The Player is dismissed from the team for the remainder of the season with no refund of the player's Club fees.

5. Problems

a. I understand that part of the lessons learned by playing sports include learning how to communicate effectively with one's peers and superiors. I will encourage my child to approach her teammates and coaches directly with any of her concerns before I make any attempt to get involved.

b. I understand that the coaches will not discuss any concerns regarding playing time during tournaments.

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CHECK ONE FOR THE PLAYER'S TEAM	
ECE HoCo Elite Teams	**ECE FMS Elite Teams**
☐ 14 TORNADOS: Logan Sulongga + Khely Amenti ☐ 14 TWISTERS: Logan Sulongga + Khely Amenti ☐ 15 STORM: Jonah Ho & Connor Kennedy ☐ 16 HURRICANES: Michael Bach + Joey Soo ☐ 16 BLAST: Chris Liang + Jonah Ho	☐ 15 THUNDER: Andrew Xu + Liliana White ☐ 16 CYCLONES: Dayu Tsau + Karen Williams+ Ken Wei ☐ 17 TSUNAMI: Jasmine Owens + Taylor Berger

Signature Copy for ECE Office

Player

The following **player** has read and agrees to follow all rules and expectations as stated in the **East Coast Elite Volleyball Club Player Rules & Expectations**

I, _____, agree to abide by these player rules and expectations. I understand that my standing on this team will be affected if I violate any policies of ECE, CHRVA, or USAV, and I could even be dismissed from the team. I further understand that my parents will not be allowed to recover my fees if I am dismissed from the team for any reason.

Player Signature _____ Date _____

Parents

The following **parent/s** have read and agree to follow all ECE rules and expectations as stated in the **East Coast Elite Volleyball Club Parent Rules & Expectations Contract**.

I/We, _____, agree to abide by these parent rules and expectations, I/we understand that my/our child's standing on this team will be affected if I/we violate any policies of ECE, CHRVA, or USAV, and she could be dismissed from the team without any refund of club fee.

Signature _____ Date_____

Signature _____ Date_____